

The Integration of Humanistic Care and Palliative Care Teaching

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Abstracts:

With the changes in medical care and cancer conditions, hospice care has become more and more important as a key element in the care of terminally ill patients. With the goal of integrating hospice and medical humanities, this study aims to design an integrative teaching model based on the concept of medical humanities and evaluate the application of this model in light of the current situation of hospice care and the problems it faces. Through the combination of literature review, case analysis, questionnaire survey and in-depth interviews, this study concludes that integrating hospice education with medical humanistic care can significantly improve the overall quality of nurses, and enhance the satisfaction and quality of existence of patients and their families. The article concludes that it is important to further deepen the teaching content of hospice care and to infuse the concepts of medical humanization and specialization into hospice care.

Keywords: hospice; humanized medicine; integrative medicine; nurses; patient satisfaction

1. introductory

Hospice care, also known as "respite care," is the provision of physical, psychological, spiritual and social support and care for the terminally ill to minimize pain and suffering (Di, Shuzhen, & Zhang, Xueju. 2018) , improve the quality of life for the patient, and assist the patient's family in coping with the period of grief (Gao, Xiaoyi. 2024). With the development of medical technology and the trend of aging in the world(Zhou, Sijia, & Lü, Changyan. 2024), hospice care has become an important part of the overall health system (Liao, Peng, & Zhang, Xiaocui. 2022). However, the current hospice curriculum is not designed to meet the current clinical needs because of its single content and lack of humanistic care(Guo, Junchen, & Xu, Xianghua. 2024). For this reason, exploring practices that integrate hospice care with medical humanities is a great necessity.

2. Background and significance of the study

2.1 Investigations

1. **Growing Demand for Hospice:** With cancer and the aging of the world's population on the rise, the demand for hospice will continue to climb(Zhao, Weiwei, Guo, Chenyang, Yang, Junxia, Zhou, Zhi, Ji, Guangwei, & Cheng, Wenwu. 2024).

2. **Current Teaching Status and Problems:** Current hospice teaching focuses mainly on technical aspects and ignores humanistic care, which makes it difficult for nurses to adapt well to the diverse needs of patients and families in practice.

3. **Importance of medical humanistic care:** medical humanistic care focuses on human-centeredness and the individual psychological(Qi, Xiaona, Yao, Qiang, Yu, Qinming, Zhao, Miaomiao, Wang, Yan, Zhong, Menglan, & Yu, Lijuan. 2024), emotional and social needs of patients, so as to improve the quality of medical services.

2.2 Research value of this paper

1. The research results of this project will help to further enrich and develop the related disciplines of the hospice discipline in China and contribute to the development of healthcare and social development in China.

2. On this basis, recommendations are made to facilitate the work of our family physicians in the development of peace healing nursing (Tu, Jiong, & Mei, Xiao. 2024).

3. Research methodology

In order to ensure the completeness and depth of information, this paper utilizes a combination of qualitative and quantitative research instruments. The main instruments of the study were questionnaires, in-depth interviews and data processing.

3.1 Questionnaires

This study proposes to use 2 survey respondents, late-stage patients and family members (patient version) and healthcare workers (healthcare worker version). The survey respondents were asked about their basic situation, health self-assessment, medical satisfaction, psychological needs and humanized care (Li, Zhihui. 2011). The questionnaire for the nursing category focuses on the professional background of medical workers, understanding of the hospice concept (Wang, Lirong, Ji, Xianju, Huang, Shaolin, Zhang, Yuzhen, Yang, Kangxi, & Yan, Mei. 2024), difficulties and challenges encountered during implementation, and evaluation of the implementation and effectiveness of implementing humanized care (Ren, Ying, Yu, Qunfei, Ma, Yaojing, Wang, Ping, Xu, Guoping, Sheng, Shaoying, & Lai, Lihong. 2024).

Sampling: Random sampling and convenience sampling methods were used in a number of hospitals where peace healing care is practiced, and questionnaires were administered to patients and families who participated in the questionnaire, as well as to health care workers.

Data collection: A combination of online (e.g., online questionnaire) and offline (e.g., on-site survey) methods was used to conduct the survey

to ensure the diversity and representativeness of the data.

3.2 In-depth interviews

Interview objective: to obtain more comprehensive and in-depth information through in-depth interviews with patients' families, medical staff, medical personnel, and others.

The interviews were conducted in the form of a case study with a focus on the specific manifestations of humanistic care, challenges and improvements.

Interview transcripts: Interviews were documented in detail by a combination of audio recording and transcription to ensure the accuracy and completeness of the information.

3.3 Statistical analysis

Data organization: the initial screening and organization of the collected survey data, to remove invalid and abnormal data.

Quantitative: SPSS and other statistical methods were used to investigate the basic information on the needs of patients and their families, the awareness and action status of medical staff through descriptive statistical analysis of the information from the questionnaires (e.g., frequency distributions, means, standard deviations, etc.); and advanced statistical analyses, such as correlation and regression analyses, were used to find interconnections and influencing factors among the variables.

Qualitative: By organizing the information from the interviews and analyzing the topics, we summarize the interviewees' views and suggestions on the practice of combining hospice and humanistic care as well as the typical cases, so as to provide empirical support for the related research work.

Presentation of results: Integration of quantitative and qualitative

research results and presentation of research results in a variety of ways, both graphical and textual, to ensure the visualization and reliability of the research results.

4. study

4.1 Conduct a research study on the promotion of hospice care

At present, there are several problems in the teaching of hospice nursing: 1) the teaching content is too simple, focusing on skills and neglecting humanistic care; 2) the old-fashioned education method, which lacks creativity; (Wu, Yuan, He, Meilin, Zeng, Yuping, Zheng, Mei, Yu, Liqin, Pan, Liling, & Wei, Wei. 2024) 3) the poor foundation of the internship, the students' transformation of theoretical knowledge into practical application is relatively simple, and they have not formed a mature method.

4.2 Medical humanization of care in hospice nursing

Humanized nursing in hospice care includes: 1) valuing the spiritual needs of patients and providing them with guidance and assistance; 2) giving full consideration to patients' personal wishes and ensuring their autonomy; 3) valuing patients' social support and establishing links between patients' families and the community; and 4) valuing nurses' work tensions and development, and providing nurses with help with their emotions at work and with their career planning.

4.3 Countermeasures for integrating medical humanized care in teaching hospice care

In the process of exploring the deep integration of peace healing and health humanities, it is necessary to carefully develop and implement

relevant countermeasures at multiple levels, so that the idea can be practically reflected in clinical work, and so that every late-stage patient and their family members can benefit from it.

4.3.1 Curriculum content updated

First, the teaching of hospice care has been fundamentally revised and expanded. In addition to the specialized knowledge and techniques taught, we have greatly improved the humanistic qualities of the health care workers. This includes training in the basics of psychology, the art of emotional communication, and the ability to make ethical decisions, with the goal of enabling nurses to know not only how to take care of their bodies, but also how to soothe their souls. With interactive teaching methods such as case sharing and role-playing, this course combines dry theory with practicality to create a strong emotional and affective resonance in students.

4.3.2 Flexible and innovative teaching methods

In order to meet the needs of our students, we have abandoned the traditional, one-dimensional approach to education and are using a variety of methods to teach. Advanced information technology, such as online courses and virtual reality simulation, provides nurses with an immersive learning experience. Through actual communication with patients and family meetings, we train participants' empathy, communication skills and resilience. Communication is enhanced through group discussions and case studies to improve students' creative thinking.

4.3.3 Enhancing humanization in the process of clinical diagnosis and treatment

Internship is an important step in the teaching process. We have worked closely with major hospitals to set up peace healing nursing internship bases so that health care workers can have sufficient time for internship. In clinical practice, we focus not only on the mastery of technical standards, but also on humanized care for patients. Mentorship

and clinical counseling groups are used to guide nurses on a "one" or "group" basis, so that they can understand and apply the concept of humanistic care in medicine. On this basis, nurses are encouraged to actively listen to the needs and feelings of patients and family members, and to provide individualized care and assistance.

4.3.4 Establishment of a platform for multidisciplinary cooperation

The humanizing integration of hospice and medicine requires multidisciplinary collaboration and support. We will provide a platform for multidisciplinary cooperation for this program by inviting experts and scholars from various disciplines, such as psychology, sociology and ethics. Through regular lectures and seminars, etc., we will strengthen the communication and cross-fertilization among various professions, so that the hospice career will be revitalized with new vitality and creativity. At the same time, through collaboration with community service organizations and volunteer organizations, we provide more comprehensive and three-dimensional care services for patients and their families.

4.3.5 Emphasis on professional development of the nursing workforce

Nurses are the most critical part of hospice care. Therefore, we pay close attention to the development and development needs of the nursing workforce. We mobilize the motivation and creativity of nurses by establishing individual career development plans, providing continuous vocational training and support for nurses, and establishing an effective drive system. On this basis, we focus on the mental health condition and work depletion of nurses, and provide them with appropriate psychological care and support so that they can maintain a high level of work and job satisfaction.

4.3.6 Creating an intimate and humane atmosphere

We strive to create a warm and humanized environment in the hospital. By improving the medical environment, optimizing the service process and

improving the service attitude, patients and their families can feel at ease and warm. On this basis, emphasis should be placed on mutual communication and cooperation among medical workers to create a harmonious environment for patients. Let every patient here can feel their belonging and respect, and take their life path with dignity and respect.

4.4 Evaluation of the effectiveness of integration into internships

Questionnaire and interview methods were used to evaluate the effectiveness of the integration and implementation. This study found that integrating hospice care with medical humanistic care can effectively improve the overall quality of nurses (skills and humanistic care), improve the satisfaction and quality of life of patients and their families, and promote the effective allocation and use of medical resources.

5. Conclusions and prospects

5.1 Summary

This topic focuses on the combination of hospice care and health care, and puts forward the concept of integrating medical humanistic care and hospice care from three aspects, namely, analysis of the current situation, formulation of strategies and evaluation of the effect, and proposes the corresponding solutions. Starting from the optimization of teaching content, the innovation of teaching method, the strengthening of practice link and the construction of support system, only then can the two be organically combined; the integrated internship can obviously improve the comprehensive quality of nurses, and improve the satisfaction and quality of life of patients and their families.

5.2 Outlook

In the future, further in-depth research is needed on the integration of hospice and medical humanities, and the following ideas are proposed:

5.2.1 Strengthening awareness of the socialist modernization of the country

Hospice has developed in the course of changes in the shape of medicine, and its theories have to keep pace with the development of the times. On this basis, new ideas for promoting the development of mental health in China have been put forward. On this basis, we need to pay close attention to the progress of international research in this area and draw on its useful and beneficial practices in order to enrich and improve our mental health education system.

5.2.2 Innovation in training methods

Reforming teaching methods is an important way to promote the integration of hospice and medical humanities. In the future, diverse teaching methods such as online teaching and blended teaching should also be actively explored to meet the needs and habits of students. In this process, emphasis should be placed on training nurses in critical thinking, creativity, and group cooperation, so that they can apply what they have learned in a variety of clinical situations and give patients more individualized care.

5.2.3 Strengthening of the internship base

Teaching activities are an effective screening method. In the future, it is necessary to further collaborate with medical institutions, community service organizations and other institutions to establish several high-quality hospice internship bases. The establishment of internship bases creates a more realistic internship condition for nurses

to gain experience and improve their abilities during the internship process. On this basis, the establishment of internship bases provides a good platform for teaching and research in the school.

5.2.4 Enhanced collaboration across areas

Hospice services are a combination of medicine, nursing, psychology, and sociology. In the future, it is necessary to further deepen interdisciplinary collaboration and communication, and establish a working system of multidisciplinary collaboration. Through multidisciplinary collaboration, the integration and complementarity of multiple disciplines can be realized, providing patients with more comprehensive and professional care. Through interdisciplinary collaboration, the integration of hospice and medical humanities will be promoted to a deeper level.

5.2.5 Emphasizing the career development of nurses

Nurses are the most critical part of hospice care. In the future, we should pay attention to the professional development needs of nurses and create a broader development space for nurses. Through the establishment of a set of scientific and reasonable career development plan and reward system, we can fully mobilize the enthusiasm and creativity of nurses and promote their career and professional development. On this basis, we should provide nurses with a good working environment, and provide nurses with a good working environment, and provide nurses with a good service.

5.2.6 Increased public education efforts

Promoting the cause of hospice requires the active participation and support of the general public. It is suggested that in the future hospice care should be further enhanced and promoted by the public. Through media publicity and public service activities, the concepts and values related to hospice should be disseminated to the general public so that more people will care about, support and participate in this profession. In this

process, it is necessary to do a good job of communication and publicity work between patients and their families, so that they can form a healthy outlook on life and values, and create a social environment conducive to the healthy development of hospice services.

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